

CAST IT AWAY

A BROKEN BREAD MINISTRIES ROSH HASHANAH EXPERIENCE

HOW TO PREPARE

WHAT IS CAST IT AWAY?

Cast It Away is our shared Rosh Hashanah moment of reflection, repentance and surrender. It is inspired by the Jewish Rosh Hashanah custom **Tashlich** (Tashlikh), meaning "to cast" or "to throw," in which worshippers gather near water and reflect on repentance. For Christians, **the water and symbolic object do not remove sin - Jesus Christ does**. This ceremony is an outward expression of an inward decision to confess, receive God's mercy, release what we have carried, and walk forward.

"He will turn again, he will have compassion upon us... and thou wilt cast all their sins into the depths of the sea." - Micah 7:19

BEFORE YOU GO

Spend a few quiet minutes with God. Ask the Holy Spirit what you need to **confess, forgive, release or surrender**. Consider: What cannot come with me into my next season?

Bring: your phone, optional headphones, and only a tiny amount of environmentally appropriate biodegradable material if local rules allow.

CARE FOR THE WATER

Bread and other food can harm wildlife or be prohibited at some waterways. **Do not throw handfuls or large pieces of bread into natural water**. Use only a tiny environmentally appropriate amount where permitted - or make the releasing gesture without placing anything in the water. The meaning is in your prayer and surrender, not the object.

CAN'T GET TO OUTDOOR WATER?

Fill a bowl with water. On a small piece of plain biodegradable paper, privately write what you are confessing or surrendering. Pray, read Micah 7:19 and 1 John 1:9, then submerge the paper as a symbolic act of release. Afterward, remove and properly dispose of the paper and water.

AT THE WATER

1. BE STILL

Pause. Listen. Pray. Become quiet before God.

2. OPEN THE EXPERIENCE

Visit the Cast It Away webpage and press **I'M AT THE WATER**.

3. READ & REFLECT

Micah 7:19 - God casts sins into the depths of the sea.

1 John 1:9 - He is faithful and just to forgive and cleanse.

2 Corinthians 5:17 - In Christ, old things pass away and all things become new.

4. CONFESS

Talk honestly to God. Receive His forgiveness. Forgive where needed. Release what you need to release.

5. CAST IT AWAY

At the guided moment, make your symbolic gesture toward the water. Then turn away and walk forward.

YOUR DECLARATION

"What God has forgiven, I will no longer carry. What God has asked me to surrender, I release. I leave the old here, and by faith, I walk forward with Christ."

REMEMBER: YOU ARE NOT DOING THIS ALONE. You may be beside an ocean, lake, river, stream - or a bowl of water at home. Different places. Different waters. Different time zones. **One Body surrendering before one God.** When finished, return to the Cast It Away webpage and press **I CAST IT AWAY** to mark your participation.